

# WELLBEING\_APP\_1

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Class 7th



# OVERVIEW

- **App Name:** Wellbeing\_App\_1
- **App Description:** It tells about the cure and symptoms of various diseases, and share the latest news.
- **Track:** Youth Individual
- **Category:** Mental health & wellbeing



# THEME

**In 100 words or less, describe the problem that you chose to address, and why you were interested in solving it. Please note that this portion of your submission will be published if you are selected as a finalist or winner.**

*I choose to address the health problem. Many people don't know what to do when a disease strikes, and the necessary precautions.*

*I choose to address it as people don't know about the new virus and diseases that attacked us so in this app i have also added an latest news option where person can know more about new diseases. Ex-Corona.*

*I was interested in solving it because i have seen many people don't know the precautions to be taken when a disease comes and gets captured by a virus or a disease.*



# INSTRUCTIONS

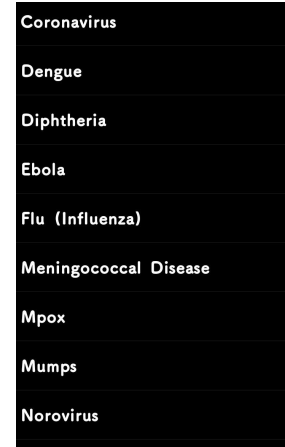
Please provide step-by-step instructions for using your app, along with high-quality screenshots of the app. Feel free to add as many slides as needed.



Step 1: This is the main screen



Step 2: Click on Choose An Virus/Disease Option



Step 3: Now,click on any disease



# INSTRUCTIONS

## Dengue

Search For  
More

Latest News

Symptoms and Cure for Dengue:

Symptoms:

1. High fever
2. Severe headache
3. Pain behind the eyes
4. Joint and muscle pain
5. Rash
6. Nausea and vomiting
7. Fatigue

Cure:

1. Rest and hydration: Get plenty of rest and drink fluids to prevent dehydration.
2. Pain relievers: Use acetaminophen to control fever and reduce pain. Avoid aspirin or nonsteroidal anti-inflammatory drugs (NSAIDs) as they may increase the risk of bleeding.
3. Seek medical attention: If symptoms worsen or severe complications arise, such as severe abdominal pain, bleeding, or difficulty breathing, seek immediate medical care.
4. Mosquito prevention: Prevent the spread of dengue by avoiding mosquito bites and using insect repellent, wearing protective clothing,

Step 4: Information about diseases like cure and symptoms comes:



## Climate Control: Is it All About the Money?

November 9, 2022  
Plain English Version



Trying to save the world, Switzerland gets most of its energy from nuclear and hydroelectric sources. But it agreed to cut its reliance on greenhouse gases. What if there are not enough emissions left to cut? Switzerland said it would pay other countries...

RETURN

Step 5: When I click on Latest News the news comes and when I click on return it returns to the main screen

## Choose An Virus/Disease

Search For  
More

Latest News

Step 6: We are now on the main screen and when I click on Search for more



# INSTRUCTIONS



Right Care > Infections and Contagious Diseases

## Viral Diseases: Symptoms, Types, Methods of Transmission

Medically Reviewed By William C.  
Lloyd III, MD, FACS – Written By  
Healthgrades Editorial Staff  
Updated on November 20, 2020

[Introduction](#) | [Symptoms](#) | [Causes](#) |  
[Treatments](#)

### What are viral diseases?

Viral diseases are extremely widespread. They are infections caused by viruses, a type of microorganism. There are many types of

**RETURN**

Step 4: We come to a site where we can search more virus and diseases. When I click on RETURN option, we go back to the main screen.

Choose An Virus/Disease

Search For  
More

Latest News

Step 5: Thank You



# LIMITATIONS

**In 100 words or less, describe the limitations of your app and what people should carefully consider when using it.**

Note: This app can not be 100% correct so please consult a doctor before taking actions.



# ACKNOWLEDGEMENTS

**Please list the names of anyone who helped you with developing your app, and describe what type of help they provided.**

- Saurav Sir: He helped in the developing of app
- Anshul Sir: He helped me with the code

