

HEALTHYMINDS

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SUMMER APPATHON

OVERVIEW

- **App Name:** HealthyMinds
- **App Description:** This app is on the symptoms and cures of common mental health problems. It also share a meditation link via YouTube.
- **Track:** Youth Individual
- **Category:** Mental health & wellbeing

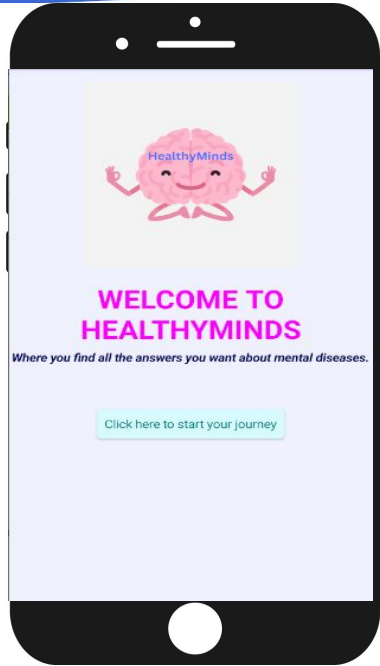


THEME

13% of people suffer from mental problems. What if we had a app that told the symptoms and cure of those problems. Well, you have the app of this extraordinary information. I have also provided a YouTube link of a calm meditation which you can do anywhere. The UI and colour combinations of my app are extraordinary. This app is a solution to world's most common mental health disorder or problems. I hope this app really helps.



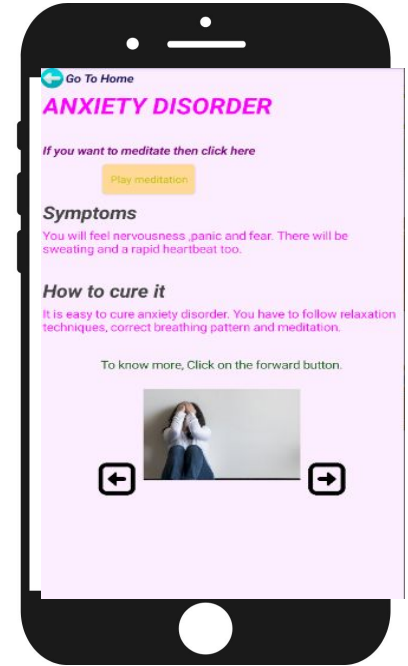
INSTRUCTIONS



Step 1: Welcome screen.
Click on the 'click here'
button



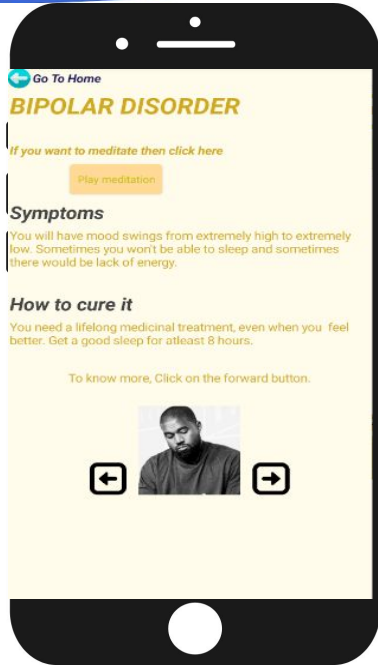
Step 2: The images are
buttons to change screens.



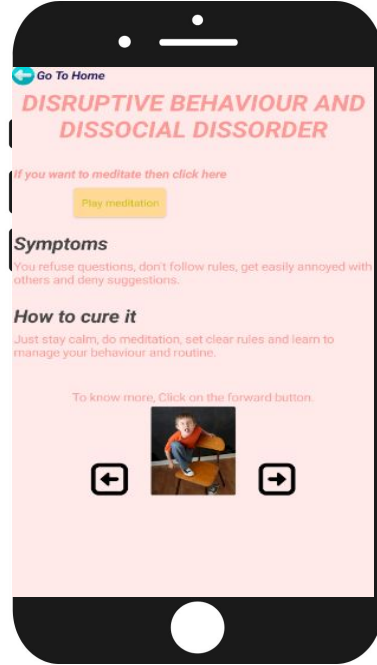
Step 3: This is the anxiety
disorder screen. Click on
arrows to change screens.



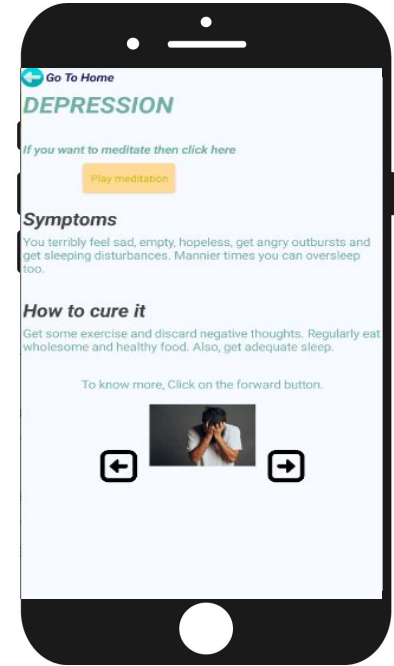
INSTRUCTIONS



Step 4: This is another screen. Click on arrows to change screens.



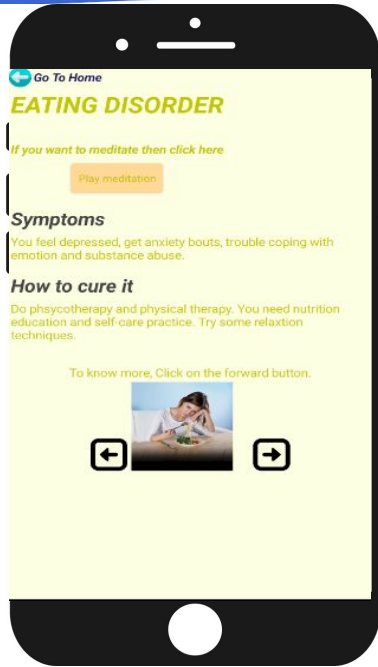
Step 5: This is the another screen. Click on arrows to change screens.



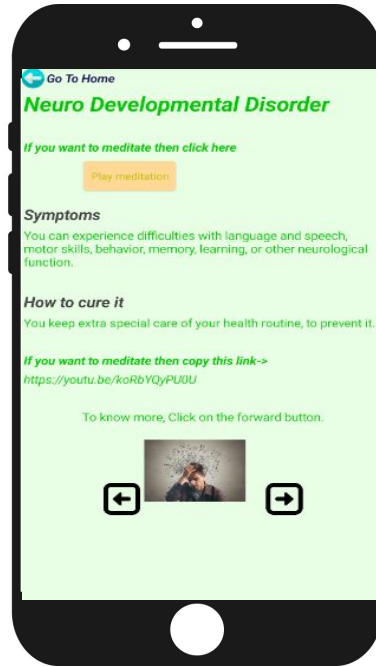
Step 6: This is the another screen. Click on arrows to change screens.



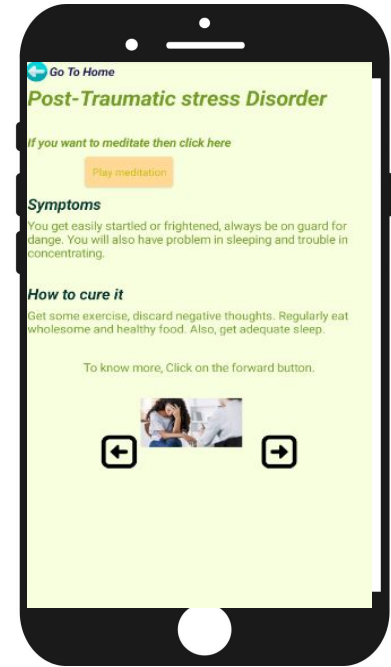
INSTRUCTIONS



Step 7: This is another screen. Click on arrows to change screens.



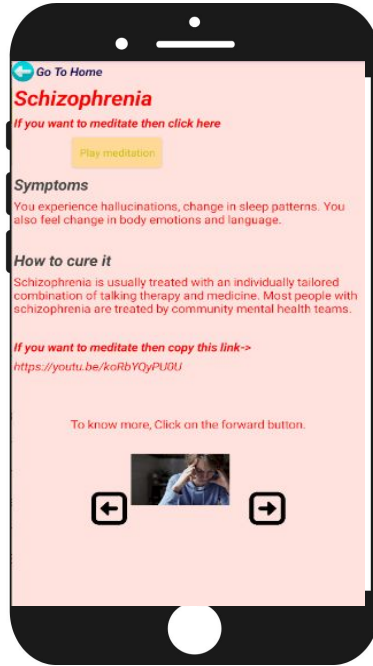
Step 8: This is the another screen. Click on arrows to change screens.



Step 9: This is the another screen. Click on arrows to change screens.



INSTRUCTIONS



Step 10: This is the another screen. Click on arrows to change screens.



LIMITATIONS

Clicking activity starter too many times could override the app.



ACKNOWLEDGEMENTS

Please list the names of anyone who helped you with developing your app, and describe what type of help they provided.

- D.James Thangamani #1: (He was my computer teacher who gave me suggestions to improve my app.)
- Atharv Gupta #2: (He helped me a little in coding my app.)
- Manas Chauhan#3:(He helped in improving my app's UI.)
- Akshut Goyal#4:(He also helped in UI.)

