

EmpathY

Yenna Park



SUMMER APPATHON

OVERVIEW

- **App Name:** EmpathY
- **App Description:** EmpathY allows people to connect using shared feelings, thoughts, and experiences.
- **Track:** Youth Individual
- **Category:** Mental Health & Wellbeing



THEME

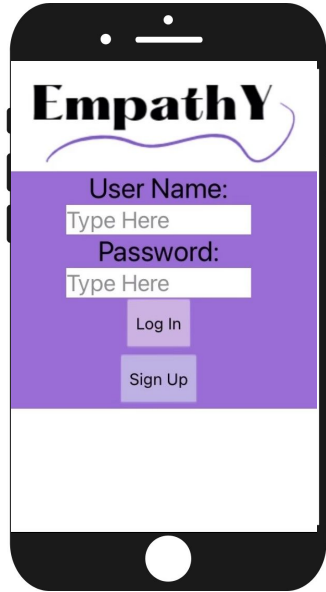
I chose to address the dangerous effect of social media on people, specifically teenagers.

People's use of technology and social media have risen especially during the COVID-19 pandemic. Unfortunately, social media is known to increase mental health problems. The "connections" social media promises turn out to be unhealthy comparisons.

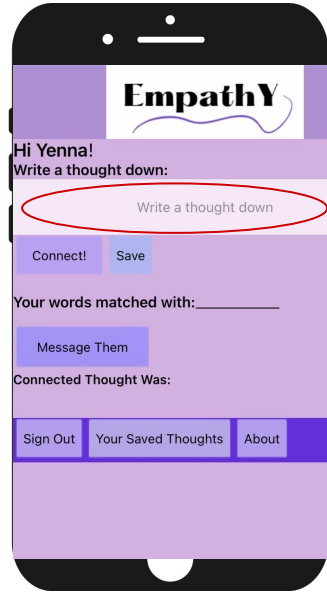
I was interested in solving this problem because it broke my heart seeing families and teenagers suffer from these apps. Seeing my friends cry, stress, and break down from social media made me determined to create an app that actually allowed people to connect in a healthy and genuine way.



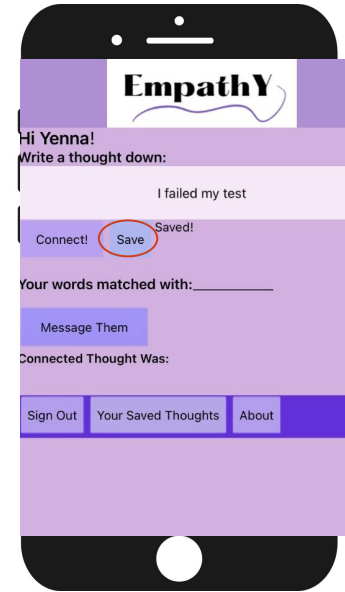
INSTRUCTIONS



Step 1: Make a new account or log in



Step 2: Write a thought down in the thought box



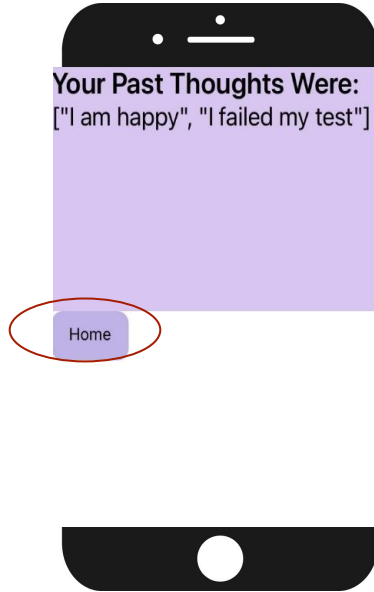
Step 3: Option 1- Press Save to save your thought



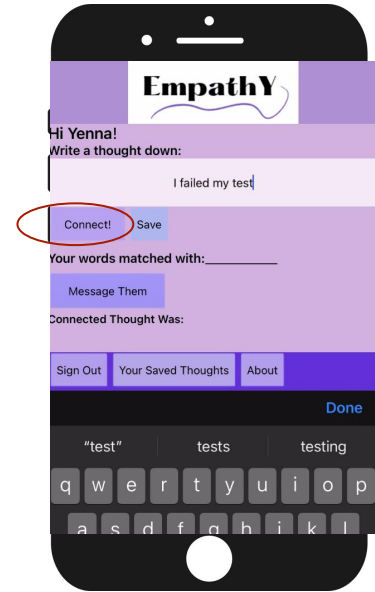
INSTRUCTIONS



Step 4: Press “Your Saved Thoughts” to see Past Thoughts



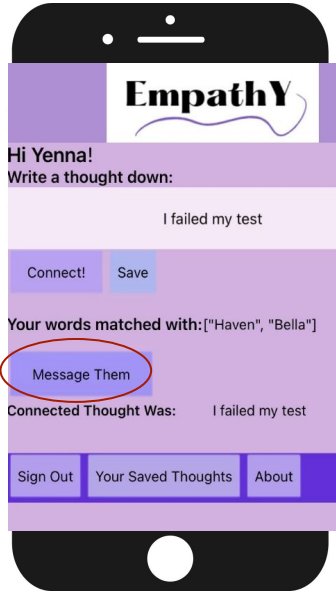
Step 5: Press Home to go back to Home Page



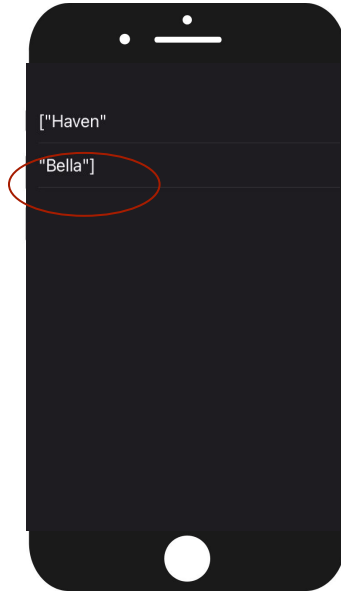
Step 6: Option 2- Press Connect to see people who had the same thought as you



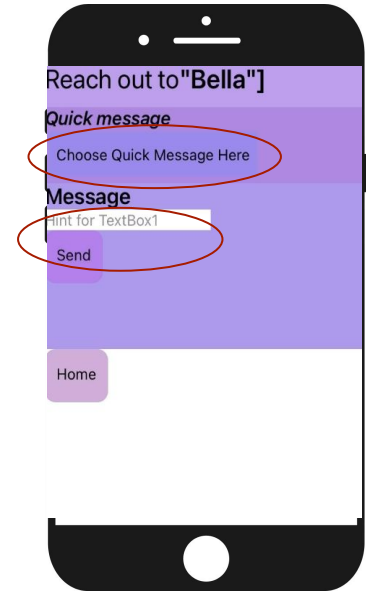
INSTRUCTIONS



Step 7: Press "Message Them" to pick a connected person



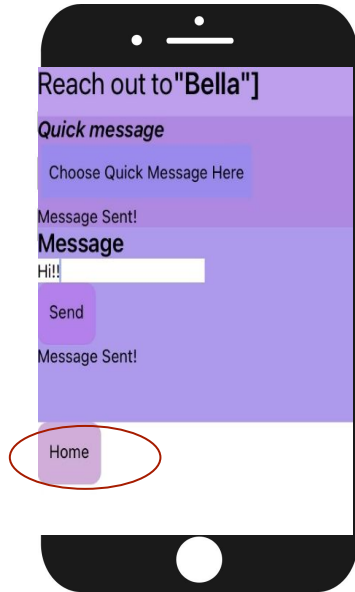
Step 8: Select person to message



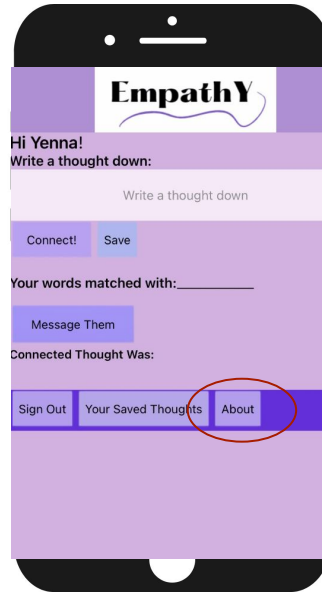
Step 9: Send a quick message or personalized message



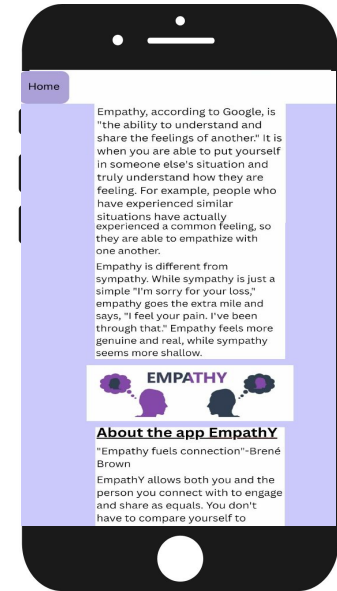
INSTRUCTIONS



Step 10: Press "Home" to go back to Home Page



Step 11: Select the "About" button to learn about empathy



Step 12: Scroll through to learn about both the word empathy and app Empathy



LIMITATIONS

Since the wording of the thought/feeling must be exactly the same, two people who have similar feelings but word it a little differently will not be connected. To make my app better, I want to use advanced artificial intelligence technology to connect thoughts that are similar in character, feeling, or nuance.

In addition, this app could potentially be used in a negative way by sharing dangerous feelings that cause harm to others. If my app was to actually be released and used, I would put word restrictions so that people are not able to write inappropriate or harmful sentences.



ACKNOWLEDGEMENTS

Leila Jelassi: As a heavy social media user and best friend, she gave me insightful feedback on my app idea.





APPENDIX

EmpathY's message page is not able to actually send the message to the directed person, as I am unsure on how to do that. However, the message page is there to symbolize the app's aim to allow users to communicate with connected people.